

## Elective module in Block II : Forensic Psychiatry

<b>Name of Block</b>	Block II
<b>Name of Elective</b>	Forensic Psychiatry
<b>Duration</b>	Two weeks
<b>Location of hospital lab/research facility</b>	Dept. of Psychiatry ( OP & IP Ward)
<b>Name of internal preceptor(s)</b>	Dr. Muhammed Issudeen Dr. Vishnu. K
<b>Name of external preceptor(s) if applicable</b>	NA
<b>Learning objectives of electives</b>	<ol style="list-style-type: none"><li>1.To understand the medico-legal aspects of psychiatric practice</li><li>2.To be able to assess the mental competence of an individual.</li><li>3.To achieve competence in taking informed consent in psychiatric practice.</li><li>4.To understand about Advance Directives.</li></ol>
<b>Number of students that can be accommodated in this elective</b>	Two
<b>Prerequisites for elective</b>	75% attendance in psychiatry clinical posting (2 phase together)
<b>Learning resources for students</b>	<ol style="list-style-type: none"><li>1.Oxford text book of psychiatry (Short)</li><li>2.Mental Health Care Act 2017</li><li>3.Patients in psychiatry OPD &amp; Ward</li></ol>

<b>List of activities of student participation</b>	1. Work with preceptors to observe and learn therapeutic communication & rapport building. 2. Clinical case work up related to learning objectives. 3. Participate in Academic and clinical activities of the Department.
<b>Log book entry required</b>	1.Patient assessment done. Two/day 2.Presentation/ discussion done. One/day 3.General Academic activities attended/ presented 4. Clinical rounds attended. Three/week 5. Any other works related to the objectives
<b>Assessment</b>	Formative & Summative
<b>Other comments</b>	Nil

### Block II Elective Module – Adult Psychiatry

<b>Name of Block</b>	Block II
<b>Name of Elective</b>	Adult Psychiatry- Consultation-Liaison
<b>Duration</b>	2 weeks
<b>Location of hospital lab/research facility</b>	Psychiatry OP, Psychiatry ward, Other wards, ICU, Casualty
<b>Name of internal perceptor(s)</b>	Dr. Shijin A Ummar Dr. Kavitha K.R
<b>Name of external perceptor(s) if applicable</b>	NA
<b>Learning objectives of electives</b>	<ol style="list-style-type: none"><li>1. To understand the basics of consultation-liaison psychiatry.</li><li>2. To be able to take a psychiatric history in a case under consultation-liaison.</li><li>3. To understand and evaluate for the possible comorbidities in a case of consultation-liaison.</li><li>4. To conduct Mental Status Examination in a case of consultation-liaison.</li><li>5. To arrive at a provisional diagnosis of a case of consultation-liaison.</li><li>6. To be able to understand emergency situations, including suicide, agitated patients related to consultation-liaison and learn to take appropriate action.</li><li>7. To understand the scope of psychological techniques in the management of conditions consultation-liaison, including suicidal, agitated patients.</li><li>8. To understand the basic communication skills related to handling agitated patients, breaking bad news, providing supportive counselling etc.</li><li>9. To learn the basic communication skills related to discussing the case with a professional colleague.</li></ol>
<b>Number of students that can be accommodated in this elective</b>	Two
<b>Prerequisites for elective</b>	75% attendance in 2nd and 3rd phase psychiatry clinical postings, combined.

<b>Learning resources for students</b>	<ol style="list-style-type: none"> <li>1.Synopsis of Psychiatry-Kaplan and Saddock</li> <li>2.A short textbook of Psychiatry-Niraj Ahuja</li> <li>3.ICD 11</li> </ol>
<b>List of activities of student participation</b>	<ol style="list-style-type: none"> <li>1.Work with preceptors</li> <li>2.Join rounds daily with active participation</li> <li>3.Join academic activities of department</li> <li>4.Participate in consultation liaison</li> <li>5.Participate in seeing cases in Casualty</li> </ol>
<b>Log book entry required</b>	<ol style="list-style-type: none"> <li>1.Cases seen: 3 per day</li> <li>2.Academic presentations made - 2 per elective</li> <li>3.Case presentation on rounds - 1 per week</li> <li>4.Documentation of procedures done (O/A/P) 3 per elective</li> </ol>
<b>Assessment</b>	<p>Formative:</p> <ol style="list-style-type: none"> <li>1.Attendance</li> <li>2.Daily participation in departmental academic activity</li> <li>3.Presentation of cases worked up in department (mini CEX) 2 cases</li> </ol>
<b>Other comments</b>	The learner is expected to spend at least 8 hours a day in the department/ward/casualty.

### Block II Elective Module – Adult Psychiatry

<b>Name of Block</b>	Block II
<b>Name of Elective</b>	Adult Psychiatry- Addictions / Alcohol
<b>Duration</b>	2 weeks
<b>Location of hospital lab/research facility</b>	Psychiatry OP, Psychiatry ward, Other wards, ICU, Casualty
<b>Name of internal perceptor(s)</b>	Dr. Sebind Kumar Dr. Arathy
<b>Name of external perceptor(s) if applicable</b>	NA
<b>Learning objectives of electives</b>	<ol style="list-style-type: none"><li>1. To understand the basics (bio-psychosocial aspects) related to addictions; focussing on alcohol use (under category 6C40 in ICD 11)</li><li>2. To be able to take a psychiatric history in a case of alcohol use</li><li>3. To understand and evaluate for the possible comorbidities in a case of alcohol use.</li><li>4. To conduct Mental Status Examination in a case of alcohol use</li><li>5. To arrive at a provisional diagnosis of a case of alcohol use</li><li>6. To be able to understand emergency situations related to alcohol use, including delirium, agitated behavior etc. and learn to take appropriate action.</li><li>7. To understand the scope of psychological techniques, including stress management, motivational interviewing skills etc in the management of conditions related to alcohol use.</li><li>8. To understand the basics of consultation liaison psychiatry related to alcohol use.</li><li>9. To learn the skills to look for symptoms related to addiction in others and provide appropriate advice.</li></ol>
<b>Number of students that can be accommodated in this elective</b>	Two
<b>Prerequisites for elective</b>	75% attendance in 2nd and 3rd phase psychiatry clinical postings, combined.

<b>Learning resources for students</b>	<ul style="list-style-type: none"> <li>5.Synopsis of Psychiatry-Kaplan and Saddock</li> <li>6.A short textbook of Psychiatry-Niraj Ahuja</li> <li>7.ICD 11</li> <li>8.The mental status examination in Neurology- Strub and Black</li> </ul>
<b>List of activities of student participation</b>	<ul style="list-style-type: none"> <li>4.Work with preceptors</li> <li>5.Attend psychiatry OP on alternate days</li> <li>6.Join rounds on alternate days with active participation</li> <li>7.Join academic activities of department</li> <li>8.Participate in consultation liaison</li> <li>9.Participate in seeing cases in casualty</li> </ul>
<b>Log book entry required</b>	<ul style="list-style-type: none"> <li>4.Cases seen: 2 per day</li> <li>5.Academic presentations made - 2 per elective</li> <li>6.Case presentation on rounds - 1 per week</li> <li>7.Documentation of procedures done (O/A/P) 3 per elective</li> </ul>
<b>Assessment</b>	<p>Formative:</p> <ul style="list-style-type: none"> <li>6.Attendance</li> <li>7.Daily participation in departmental academic activity</li> <li>8.Presentation of worked up case in department (mini CEX) 2 cases</li> </ul>
<b>Other comments</b>	The learner is expected to spend at least 8 hours in a day in the department/ward/casualty.

NB:- In the initial 4 days of Electives posting, all students must participate in all clinical (OPD and Ward) and academic (case presentations, seminars and other activities by JRs, SRs , House surgeons and Faculties)activities conducted by the Department of Psychiatry irrespective of the chosen elective.