

Block II Elective Module – Adult Psychiatry

Elective 1

Name of Block	Block II
Name of Elective	Adult Psychiatry- Consultation-Liaison
Duration	2 weeks
Location of hospital lab/research facility	Psychiatry OP, Psychiatry ward, Other wards, ICU, Casualty
Name of internal perceptor(s)	Dr. Kavitha K.R Senior Resident
Name of external perceptor(s) if applicable	NA
Learning objectives of electives	<ol style="list-style-type: none">1. To understand the basics of consultation-liaison psychiatry.2. To be able to take a psychiatric history in a case under consultation-liaison.3. To understand and evaluate for the possible comorbidities in a case of consultation-liaison.4. To conduct Mental Status Examination in a case of consultation-liaison.5. To arrive at a provisional diagnosis of a case of consultation-liaison.6. To be able to understand emergency situations, including suicide, agitated patients related to consultation-liaison and learn to take appropriate action.7. To understand the scope of psychological techniques in the management of conditions consultation-liaison, including suicidal, agitated patients.8. To understand the basic communication skills related to handling agitated patients, breaking bad news, providing supportive counselling etc.9. To learn the basic communication skills related to discussing the case with a professional colleague.
Number of students that can be accommodated in this elective	Two
Prerequisites for elective	70% attendance in 2nd and 3rd phase psychiatry clinical postings, combined.

Learning resources for students	<ol style="list-style-type: none"> 1. Synopsis of Psychiatry-Kaplan and Saddock 2. A short textbook of Psychiatry-Niraj Ahuja 3. ICD 11
List of activities of student participation	<ol style="list-style-type: none"> 1. Work with preceptors 2. Join rounds daily with active participation 3. Join academic activities of department 4. Participate in consultation liaison 5. Participate in seeing cases in Casualty
Log book entry required	<ol style="list-style-type: none"> 1. Cases seen: 3 per day 2. Academic presentations made - 2 per elective 3. Case presentation on rounds - 1 per week 4. Documentation of procedures done (O/A/P) 3 per elective
Assessment	<p>Formative:</p> <ol style="list-style-type: none"> 1. Attendance 2. Daily participation in departmental academic activity 3. Presentation of cases worked up in department (mini CEX) 2 cases
Other comments	The learner is expected to spend at least 8 hours a day in the department/ward/casualty.

Block II Elective Module – Adult Psychiatry

Elective 2

Name of Block	Block II
Name of Elective	Adult Psychiatry- Addictions / Alcohol
Duration	2 weeks
Location of hospital lab/research facility	Psychiatry OP, Psychiatry ward, Other wards, ICU, Casualty
Name of internal perceptor(s)	Dr. Sumesh T.P Dr. Sruthy G
Name of external perceptor(s) if applicable	NA
Learning objectives of electives	<ol style="list-style-type: none">1. To understand the basics (biopsychosocial aspects) related to addictions; focussing on alcohol use (under category 6C40 in ICD 11)2. To be able to take a psychiatric history in a case of alcohol use3. To understand and evaluate for the possible comorbidities in a case of alcohol use.4. To conduct Mental Status Examination in a case of alcohol use5. To arrive at a provisional diagnosis of a case of alcohol use6. To be able to understand emergency situations related to alcohol use, including delirium, agitated behavior etc and learn to take appropriate action.7. To understand the scope of psychological techniques, including stress management, motivational interviewing skills etc in the management of conditions related to alcohol use.8. To understand the basics of consultation liaison psychiatry related to alcohol use.9. To learn the skills to look for symptoms related to addiction in others and provide appropriate advice.
Number of students that can be accommodated in this elective	Two
Prerequisites for elective	70% attendance in 2nd and 3rd phase psychiatry clinical postings, combined.

Learning resources for students	<ol style="list-style-type: none"> 5. Synopsis of Psychiatry-Kaplan and Saddock 6. A short textbook of Psychiatry-Niraj Ahuja 7. ICD 11 8. The mental status examination in Neurology-Strub and Black
List of activities of student participation	<ol style="list-style-type: none"> 4. Work with preceptors 5. Attend psychiatry OP on alternate days 6. Join rounds on alternate days with active participation 7. Join academic activities of department 8. Participate in consultation liaison 9. Participate in seeing cases in casualty
Log book entry required	<ol style="list-style-type: none"> 4. Cases seen: 2 per day 5. Academic presentations made - 2 per elective 6. Case presentation on rounds - 1 per week 7. Documentation of procedures done (O/A/P) 3 per elective
Assessment	<p>Formative:</p> <ol style="list-style-type: none"> 6. Attendance 7. Daily participation in departmental academic activity 8. Presentation of worked up case in department (mini CEX) 2 cases
Other comments	The learner is expected to spend at least 8 hours in a day in the department/ward/casualty.